

Play Challenge

Big Idea – 21 days of intentional action!

Practice in the pursuit of mastery is critical for sustainable energy and success. Just as we challenge our clients into meaningful action and to play bigger and bolder, we will challenge ourselves to do the same.

As part of our six weeks of Group Mentor Coaching classes, you are challenged to expand your coaching business while you expand your coaching skills.

Quick Summary

Choose the Focus - Choose an element of your coaching practice on which to focus.

Select the Activity - Match this element with an important recurring activity that directly connects with improving or expanding successful results.

Match the Mode – Considering your coach training to date, identify the proficiency, competency, business skill, or personal growth concept that will help you in pursuit of your big win.

Describe the Tangible – Objectively describe the tangible achievement you are in play to win by the end of the sixth class session.

Clarify the Skill – Objectively describe the skill that will be improved as you take recurring action and how this skill directly connects to winning the tangible achievement.

2 Rules of the Game

1. **No more games of isolation!** Your recurring activity must include other people.
2. **Objectively Measured!** Both the tangible achievement and the skill to be improved must be measureable objectively so that at the end of the game anyone looking at your results can declare your victory!!

(Yes I Did! -- or -- No I Didn't – *but I'll play better next time!!*)

Example

Choose the Focus – Expanding Coaching Credibility.

Select the Activity – Conducting masterful coaching sessions with numerous clients. The greater number of different clients who experience coaching with me, the greater my reputation and credibility become.

Match the Mode – Making offers for exploratory sessions will increase the number of different people that can experience coaching with me. Once in a coaching session I'll focus on

Proficiency #6, Navigates via Curiosity to help me focus more on the client and help me ask questions that provide space to the client for reflection.

Describe the Tangible – I am playing to win 10 written testimonials from 10 different clients that I can post on social media or send to prospective clients.

Clarify the Skill – Making offers for exploratory sessions will improve my ability to describe what I do as a coach in such a way that creates curiosity and interest in others. Using Proficiency #6 will improve my ability to demonstrate value quickly during a shorter exploratory session so that clients immediately recognize the value I bring as a coach. Whether or not the client hires me for continued coaching, sufficient value will have been delivered enabling this person to write a testimonial about my coaching skills.

Claiming Points for your 21 Day Play Challenge

Leader Board

Declare your objectives using the OBJECTIVES link found on the LEADER BOARD. Describe your Play Challenge, Intentional Play, Tangible Achievement, and Skill Expansion. Click COMMIT and let the games begin!

Psst: Post pictures!! We love pictures!

Game Actions

Every time you engage in your recurring activity, share your experience. You're encouraged to take action 21 times!

Big Wins!

At the end of the game (session 6) you'll declare your outcome!

Share with the Intention to Inspire

Be real and engaging as you share on the game cards. You're also playing to gather as many **You Inspire Me Points** as you can.

Hint: That's going to require your ability to share it real – your real challenges, your real response to challenge, your wins and your mistakes. Be willing to share your failures and lessons learned as easily as you share your victories.

And remember to do it all with the spirit of **play!**

